

Mental Health Services

Services covered under Medicaid and ARKids First

NOTE:

Some mental health services may be provided by **Federally Qualified Health Centers (FQHCs)**. These centers are sometimes called Community Health Centers. Unless the FQHC is your primary care provider (PCP), you will need a referral from your PCP.

For all ages

Medicaid will pay for:

- **Rehabilitative Services for Persons with Mental Illness (RSPMI)**. These are services that help treat or prevent mental disorders. For some services, the health care provider needs to get approval from Medicaid first.
- **Services provided by an individually practicing psychiatrist** licensed by the state of Arkansas. For patients 21 or older, physician office limits apply.

For children and adults younger than 21

ARKids First A will pay for more services than ARKids First B. Make sure you know which one your child has!

Most of these services require a referral from the patient's primary care physician (PCP).

ARKids First A will pay for:

- **Inpatient psychiatric services**. These are mental health services that require a stay in an inpatient psychiatric hospital.
- **Rehabilitative Services for Persons with Mental Illness (RSPMI)**. These are services that help treat

or prevent mental disorders. For some services, the health care provider needs to get approval from Medicaid first.

- **Licensed Mental Health Practitioner Services**. These may include therapy visits and other services. The provider must be licensed by the state of Arkansas.
- **School-Based Mental Health Services**. Some public schools offer mental health services for students. Medicaid and ARKids First A will pay for these services if needed.

ARKids First B will pay for:

- **Rehabilitative Services for Persons with Mental Illness (RSPMI)**. These are services that help treat or prevent mental disorders. For some services, the doctor will need to get approval from Medicaid first.
- **Licensed Mental Health Practitioner Services**. These are visits with a mental health worker who is licensed to provide certain types of care. For ARKids First B, these services must be provided by a psychologist licensed by the state of Arkansas. For some services, the doctor will need to get approval from Medicaid first.

ARKids First B will NOT pay for inpatient psychiatric services (mental health care that requires a stay in an inpatient psychiatric hospital).

