

Keeping your child healthy!

EPSDT AND WELL-CHILD CARE







E

"E" is for "Early"

If your child is seen early by a Primary Care Physician (PCP), he or she can be treated sooner and receive the care needed to stay healthy.

P

"P" is for "Periodic"

You should take your child to see a PCP on a regular schedule. This will make sure any new health problems are found and treated.

S

"S" is for "Screening"

Screenings, exams, and tests for your child can be done to find any health problems.



"D" is for "Diagnosis"

When a well-child checkup or exam by your PCP shows any health problems, testing is provided for your child.

"T" is for "Treatment"

"Treatment" is the care your child gets from the PCP. The PCP uses treatments like medicine to prevent, help, or cure a health problem.

EPSDT is often called **"well-child checkup"** because it means that you and your child's primary care provider (PCP) are working to keep your child healthy and well.

Who can get a well-child checkup?

Medicaid full benefit plans for children, including ARKids A and ARKids B, cover well-child checkups, but each plan calls its program by different names.

In ARKids A, well-child care is also know as an Early and Periodic Screening, Diagnosis and Treatment (EPSDT) service under the Child Health Services Program. This program offers well-child care for people under age 21. Even moms and dads who are younger than 21 can get care under the EPSDT program.

In ARKids B, well-child care visits are called preventive health screenings. These regular doctor visits are covered at no cost. You will not have to pay a co-pay for these visits.

How often should your child get a well-child checkup?

Well-child care depends on the age of your child. Check out the well-child check up schedule on pages 3—4 to see how often your child needs a check-up.



When to Take Your Child for an EPSDT/Well-Child Checkup

Age	EPSDT/ Well-Child Checkup	Vaccines	Developmental Screening	Autism Spectrum Screening
Newborn 3-5 days	Ø			
1 month				
2 months		Ø		
4 months				
6 months	Ø	Ø		
9 months				
12 months				
15 months				
18 months				
24 months				
30 months	Ø		Ø	
3 years				
4 years	Ø	Ø		
5 years				

Age	EPSDT/ Well-Child Checkup	Vaccines	Developmental Screening	Autism Spectrum Screening
6 years				
7 years				
8 years				
9 years				
10 years	Ø			
11 years				
12 years				
13 years				
14 years	Ø			
15 years				
16 years				
17 years				
18 years				
19 years				
20 years				

An EPSDT/well-child checkup may include:

Physical exam • Oral health check • Developmental, behavioral and depression screening • Vision/hearing screening Eating habits/nutrition • Growth and development screening • Vaccines (shots) for age • Autism screening

Where do you go for your child's well-child checkup?

Call your child's Primary Care Physician (PCP) to make an appointment. If you do not have a PCP, call ConnectCare at 1-800-275-1131. They will help you find a PCP. Be sure to tell the PCP's office that this is a well-child checkup so they can schedule enough time. If you have to cancel, call the PCP's office as soon as possible.

What to do to get ready for your child's well-child checkup

- Make sure you have a ride to and from your child's checkup.
- Bring a list of any medications your child takes.
- Bring your child's immunization or "shot" record, if you have one.
- Make a list of any questions or concerns you want to talk about with your PCP about your child's health, growth and development. Bring the list with you.
- Bring a copy of your child's insurance card to the visit.

What if you need non-emergency transportation to see your child's PCP?

If you don't have a ride to see the PCP, Medicaid offers Non-Emergency Transportation (NET) for appointments. You can call 1-888-987-1200, option 1, to schedule a ride. Your child must be on Medicaid with full benefit plans, which includes ARKids A. ARKids B does not include Medicaid transportation. Make sure to have your child's insurance card with you for the transportation driver and the doctor's appointment.

After-hours care

Your PCP's clinic should have access for urgent or sick care after the office has closed. Ask your child's PCP what number to call when the clinic is closed.

Helpful Numbers

If you have questions, call the Medicaid Service Center	1-888-987-1200 (MonFri., 8 a.m5 p.m.)	
ConnectCare Find or be assigned a primary care physician (PCP)	1-800-275-1131 (TDD) 1-800-322-5580	
Medicaid Resolution Center For problem solving or other resources	1-888-474-8275	
Non-Emergency Transportation (NET) Help Line To schedule a ride to or from the doctor's office or pharmacy	1-888-987-1200, Option 1	
Medicaid Complaint Hotline For concerns or complaints	1-888-987-1200 (TDD) 1-800-322-5580	

To contact or visit your local DHS office, log on to **humanservices.arkansas.gov**



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