

Roadmap to a Healthier Arkansas



Agenda

1. Overview of AR Medicaid Specialty Populations
2. Roadmap to a Healthier AR
 - a. Purpose
 - b. Overview of Pilots



**We Care. We Act.
We Change Lives.**

Together we improve the quality of life of all Arkansans by protecting the vulnerable, fostering independence, and promoting better health.

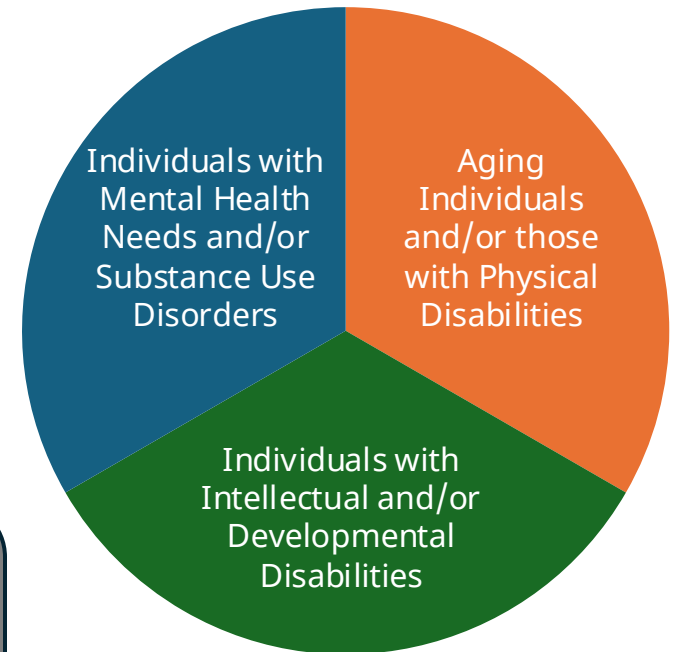
Roadmap to a Healthier Arkansas- 2024

Four Key Components

1. Promotion
2. Prevention
3. Treatment
4. Stabilization/Recovery

MISSION STATEMENT: Improve the care continuum that supports health and well-being by providing a robust array of supports that enable independence, community living, and stabilization or recovery for our specialty populations.

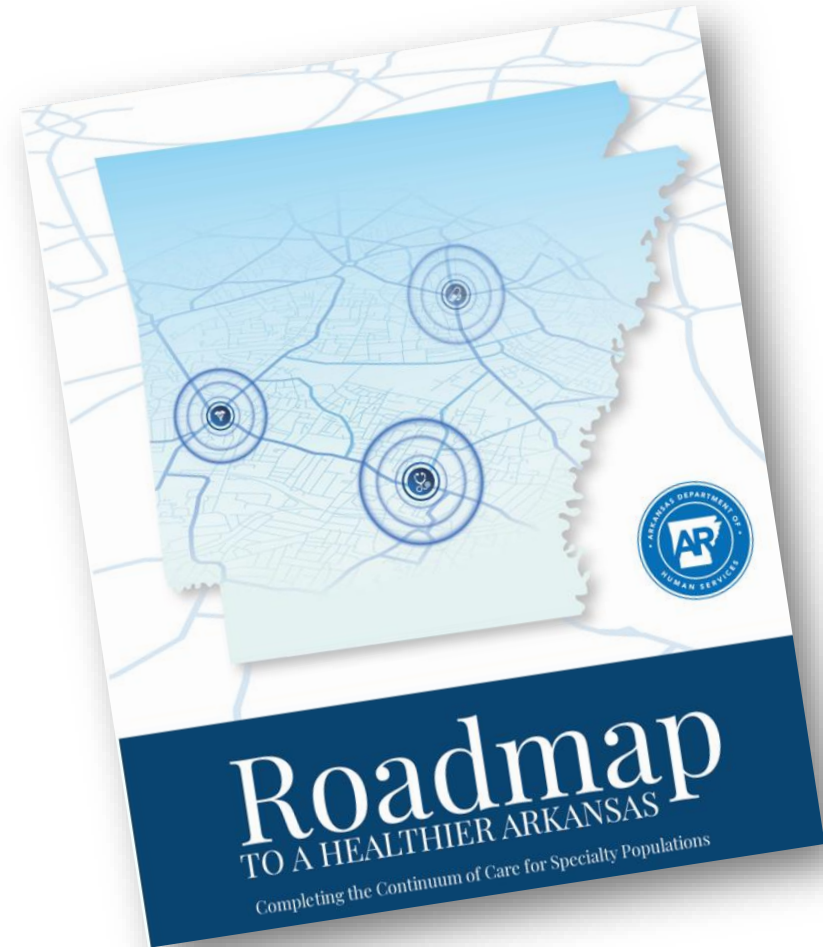
Prioritized Populations



Roadmap to a Healthier Arkansas- 2024

- Report outlines DHS' plans for **an improved care continuum** over the next five years, using American Rescue Plan funding.
- Focuses on **filling gaps across the whole system for specialty populations** relying on Arkansas Medicaid, instead of fixing single issues as they arise.
- Today, the **most significant gaps relate to prevention, integrated crisis services, and stabilization/recovery services.**

The Prevention Pilot Programs for Children & Families addresses the need for prevention services in the care continuum.



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HCBS Education Campaign

The campaign is designed to highlight and educate on the array of programs, waivers, and Medicaid home and community-based services available in the state. By educating individuals about the value of available Medicaid HCBS programs, it can empower communities to make informed choices about their healthcare options. This contributes to the overall goal of improving the quality of life for beneficiaries and their families.



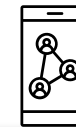
Objectives

- Better equip beneficiaries and their families with foundational HCBS Medicaid knowledge so they can better access and navigate the system.
- Use the educational campaign to expand the network of providers in these service categories, as well as increase training of internal DHS staff.



Enabling Technology Pilot

This pilot will allow eligible individuals better access to HCBS services to foster greater independence at home and beyond in their daily lives. The pilot focuses on provider recruitment, education, and capacity building that will allow greater access to enabling technology devices and services to support beneficiary independence while still maintaining safety of the individual.



Objective

The Enabling Tech Pilot is focused on using assistive technology to foster independence for individuals who are eligible for HCBS services by leveraging technological solutions to grant increased autonomy in daily life. This use of technology and other modifications can result in improved quality of life, lower burden on caregivers, and promote a sense of self-sufficiency.



Business Acuity Pilot

This pilot is designed to collaborate with providers, clients, and DHS to maximize services and effectively meet program requirements. Also, to increase the effectiveness of communication between all.



Objective

The Business Acuity project is characterized as a "strategic initiative" for the explicit purpose of providing guidance and support to Medicaid healthcare providers as part of a broader DHS policy and programming initiative to improve the health and wellbeing of Medicaid specialty populations across the DHS care continuum.

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Families in Transition Team (FiTT) Pilot

Target Population: Children experiencing a major transition (entering/exiting foster care, being adopted, being discharged from residential treatment, etc.).

- Designed to prevent situations that may lead to crisis in the home and community that result in seeking services in a hospital emergency room
- Components being evaluated include:
 - Phone/video conference de-escalation
 - Interdisciplinary assessment
 - Family-to-family support
 - Mentoring and predictable respite.
- Pilot uses a trauma-informed mindset in its design



Comprehensive Screening and Assessments for Children (CSAC) Pilot

Target Population: Children in Arkansas who are in need of an assessment or an in-depth differential diagnosis.

- The primary objectives include:
- Expansion of screening and differential diagnostic services across the state to provide accurate and early identification of issues that impact a child's behavior and learning.
- Collaboration with Community Health Centers, UAMS Regional Program sites, and private practitioners.
- Training, mentorship, and support from a state-level interdisciplinary team to local teams.
- Accurate identification of genetic conditions, neurodevelopmental disorders, and coexisting I/DD and behavioral health conditions.



Prevention, Stabilization, and Support Project for Young Children Pilot

Target population: Children birth through 6th grade who are at risk of losing placement due to behaviors.

- The goal is to proactively provide support for children, caregivers and teachers through prevention services made available immediately.
- Stabilization services are provided when there are issues that surface creating risk for escalation of behavior or loss of placement.
- Support services are provided to maintain a positive, nurturing environment that supports children's ability to grow, learn, and recover from trauma.



Family-Centered Treatment Pilot

Target Population: Families involved in behavioral health, child welfare, and/or court/JJ systems, families with functional deterioration, and families exposed to traumatic experiences including dissolution or threat of dissolution.

- Intensive in-home for children to address serious and chronic emotional or behavioral issues for youth who are unable to remain stable in the community without intensive interventions.
- These interventions will include a team of paraprofessionals partnering with the family to manage behavioral health challenges being experienced by a youth.
- The family can access the team in crisis situations and will be trained to address behaviors, so crisis situations do not develop in the future.



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Community Mental Health Center (CMHC) Review

Target Population: Individuals who seek services through CMHC providers.

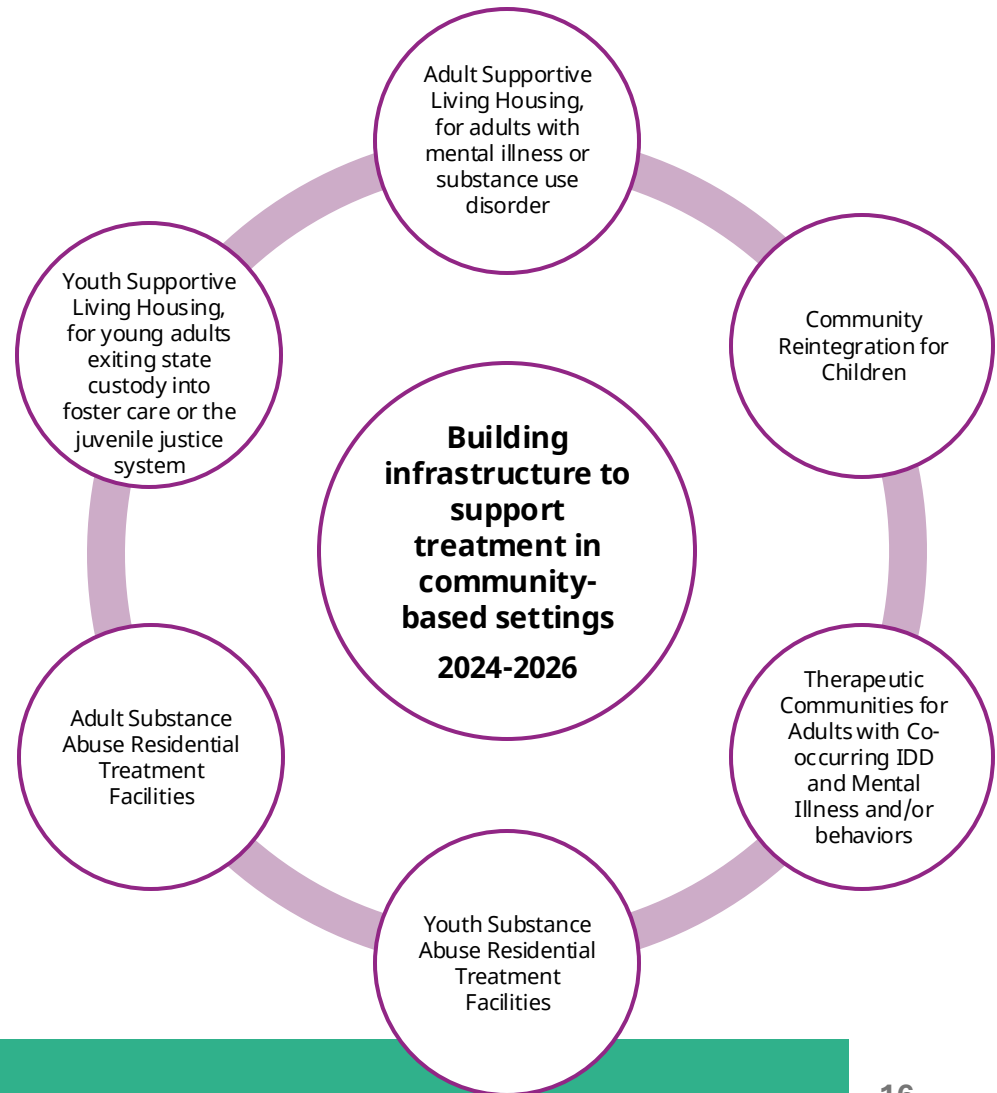
- This review was completed to ensure the State is maximizing federal and state funding, and to identify and address service gaps in the system serving individuals who are uninsured and underinsured.
- Medicaid changes through the years have shifted the population of uninsured and underinsured individuals, and CMHC Medicaid business went through changes when new Medicaid providers entered the system.
- The review examined the CMHC role in the public mental health system and will continue to examine the intersection with both crisis and Medicaid systems.



Statewide Crisis Response and Hub

DHS is developing a **centralized crisis response system** as part of the care continuum, one that is available 24/7 to help coordinate crisis response so that people can be stabilized and remain in their homes and communities.

- The vision is for a **connected, knowledgeable system where there is a number to call, a person to respond, and a place to go/provide help.**
- DHS is entering an agreement with the University of AR at Fayetteville School of Social Work to pilot an integrated crisis response system in 4 pilot areas of the state.



Roadmap to a Healthier Arkansas- 2024

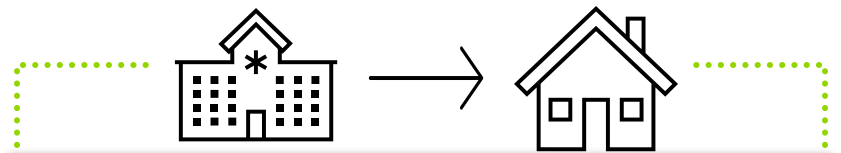
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Hospital to Home Pilot

This pilot aims to keep individuals supported in their homes and link individuals to services they need at the appropriate level of care by working with Care Transition Specialists.



Primary Objective

The Hospital to Home pilot is focused on improving patient continuity of care by strengthening and expanding Home and Community-based services (HCBS) for identified specialty populations to reduce medically unnecessary hospital and emergency room visits, and ultimately reduce the overall cost of care to Arkansas Medicaid.



Community Reintegration-QRTP Assessment & Program Recommendations

This pilot will provide a comprehensive evaluation of the current state, effectiveness, and challenges of Community Reintegration (CR) and Qualified Residential Treatment Program (QRTP) models in Arkansas.



Objectives

- Evaluate the current Community Reintegration (CR) and Qualified Residential Treatment Programs (QRTP) model's effectiveness
- Develop strategies for improvement and expansion of the CR and QRTP model
- Assess financial aspects of CR and QRTP programs
- Develop recommendations and best practices for an improved future state



Rehabilitative Day Service (RDS) Pilot and SMI Advisory Group

Target Population: Adults with SMI being treated in home and community settings.

- An array of HCBS to address the needs of individuals with SMI currently exists but all are being delivered in a clinic or facility setting.
- The RDS pilot has funded 12 providers of RDS to expand the services to include peer supports and determine if a new payment methodology should be used for this service.
- The SMI Advisory Group will examine data and information to build new HCBS to include a Therapeutic Communities Level 3 service that allows individuals with SMI to live in provider owned housing and receive services assisting them in integrating into community settings.



Day Program for Adults with IDD

This pilot will design and implement an enhanced Inclusive Post-Secondary Education (ISPE) Day Program that can be implemented as a Medicaid service via a Community and Employment Support (CES) Waiver amendment and replicated across the State for willing providers.

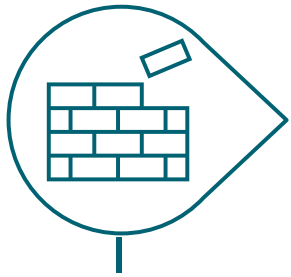


Objectives

- Determine what is needed for an IPSE to become a Medicaid HCBS service.
- Enhance Arkansas State University's existing day program for individuals with IDD to meet requirements to be a Medicaid HCBS service. Once enhanced, measure the impact of services provided to the Medicaid enrolled beneficiaries.
- Based on findings from the enhanced day program, design an enhanced model that meets requirements to be a Medicaid HCBS service that can be replicated for other entities in Arkansas.

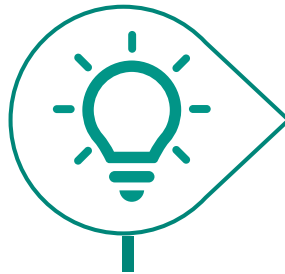
Six Provider Infrastructure Grants

The six provider infrastructure grants allow selected
Medicaid providers to:



Build

Build and renovate properties and facilities to provide more and diverse behavioral health services through out the state.



Innovate

Innovate and bring fresh ideas in how to best support individuals in need of behavioral health services.



Sustain

Sustain the far-reaching implications for the well-being of individuals by not only supporting the construction/renovation of groundbreaking facilities but also a plan to ensure the sustainability to continue to serve these populations long term.

Therapeutic Communities for Adults with IDD

This grant will enable a provider to create a therapeutic community (16-bed units) in Jonesboro for adults with IDD and behavioral health needs.

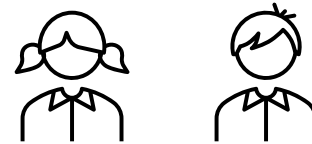


Objectives

- Arisa Health will build a new stepdown support that will provide stepdown support from high-cost in-patient psychiatric care with adults with IDD plus a need for mental health or SUD support.
- This facility will be the first of its kind in Arkansas, designed in accordance with the Therapeutic Community model, which emphasizes a supportive network and structured environment.

Community Reintegration for Children

This grant will allow a provider to purchase and renovate an existing structure in Fort Smith to create a new Community Reintegration facility.



Western Arkansas Counseling and Guidance Center will expand their current Community Reintegration for Children program physical capacity for youth who need help in an integrated setting with the community that addresses their needs.

They will convert the facility into two independent 16 bed facilities with new youth friendly furnishings, and more. We anticipate that this new available infrastructure will allow placements for up to 32 youth (16 beds for males and 16 beds for females).

Community Reintegration for Children

This grant will allow a provider to purchase and renovate an existing structure in Little Rock to create new Community Reintegration Facilities.



United Methodist Children's Home will expand physical capacity for youth who need help in an integrated setting with the community that addresses their needs.



We anticipate that this new available infrastructure will allow placements for up to 24 youth, with each residency compiling with the 16 bed or less requirements.

Adult Substance Abuse Residential Treatment Facilities

This grant will allow a Medicaid provider to construct new facilities or improve existing facilities in Russellville into residential substance use disorder treatment for adults.



ARVAC Lake Point Recovery & Wellness will renovate an existing building on their campus (near Lake Dardanelle in Russellville) that will house 40 additional beds for the Medically Assisted Residential Treatment Services (MAT).

These renovations will enable ARVAC to provide comprehensive care and support to residents in need of MAT treatment.



Adult Substance Abuse Residential Treatment Facility

This grant will allow a Medicaid provider to construct new facilities or improve existing facilities in Fort Smith into residential substance use disorder treatment for adults.



The Harbor House will complete a men's residential treatment facility renovation and expansion project.



Harbor House expects that this project will expand treatment capacity from 32 men to 44 men (a 38% increase), allowing 12 more individuals to be served.

Young Adult Supportive Living (Therapeutic Communities Level 3)

This grant will allow a provider to purchase, renovate, or build housing units for supportive living for young adults in transition.

Rainbow of Challenges will expand their services to provide transitional living and life skills for young adults transitioning from DCFS or DYS custody. Youth struggling with behavioral health that age out of group homes, foster care, or DYS generally struggle transitioning into adulthood. The program will provide transitional living and life skills for youth aging out of DYS and DCFS.



This property is in Hope, AR and consists of approximately eight acres of land, housing, and other amenities and has 72 small rooms divided into 6 pods with 12 rooms in each pod. It also includes a large pavilion with a full kitchen, bathroom with showers, and a large community outdoor area.



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