Substance Use Disorder Treatment Funding in Arkansas

- Opioid Settlement fund
- Commercial Insurance reimbursement
- Private payment for treatment
- Grant funds directly to providers
- AR Medicaid
- AR DHS grant funds

Substance Use Disorder Treatment

- Medicaid currently cannot reimburse for SUD residential treatment for adult Medicaid beneficiaries due to the IMD exclusion
- Medicaid does not currently have a mechanism to reimburse for SUD residential treatment for youth.
- AR HOME Qualified Health Plans (QHP) reimburse for SUD residential treatment and the full continuum of treatment services.
- For traditional Medicaid beneficiaries, AR Medicaid only reimburses for outpatient counseling services

Substance Use Disorder Treatment Medicaid Policy Changes

- The state is developing a program with Unity Hospital for an adolescent residential program in a unit of the general inpatient hospital, and promulgation of rules allowing Medicaid to reimburse for the service.
- Institution for Mental Disease 1115 waiver to allow for 30 days of residential treatment for adults. The proposal has been approved by CMS, and the state is working on development of an implementation plan and updates to the waiver.
- This waiver will require AR Medicaid to:
 - Develop and reimburse for the full continuum of SUD treatment services
 - Use ASAM or like criteria to prior authorize services

Medicaid Reimbursed Treatment Services for Behavioral Health

| Treatment Service | Population |
|---|---|
| Counseling Services provided by a licensed professional | Mental health and substance use disorders |
| Home and Community Based Services (HCBS) | Mental health disorders |
| Residential Services for children and youth | Mental health disorders |
| Psychiatric Inpatient Hospitalization | Mental health disorders |
| Crisis Stabilization Unit | Mental health and substance use disorders |

Home and Community Based Services

- The Centers for Medicare and Medicaid Services (CMS) defines HCBS
 as types of person-centered care delivered in the home and
 community to address the needs of people with functional limitations
 who need assistance with everyday activities.
- HCBS are designed to enable people to stay in their homes, rather than moving to a facility for care.
- AR has created a combined program that allows individuals who have a mental health diagnosis and are at risk of services in an institutional setting, or IDD diagnosis and meet institutional level of care, to receive HCBS reimbursed through the PASSE
- The PASSE is responsible for care coordination, identification of the HCBS that meets the member's need, and connection to appropriate HCBS

Adult BH Population

- The Medicaid beneficiaries who are eligible for HCBS are adults who have been determined to be Seriously Mentally III (SMI)
- SMI is a federal designation that requires
 - A mental health diagnosis
 - A functional deficit related to the diagnosis
 - Age 18 or over
- Medicaid providers can be reimbursed for outpatient counseling services for any Medicaid beneficiary without the SMI designation
- Medicaid beneficiaries with SMI are eligible to receive HCBS in addition to counseling services

What are Serious Mental Illnesses (SMI)?

Diagnoses impacting an adult's thinking, mood, or behavior that interfere with a person's day-to-day life and functioning.

Examples of SMI Diagnoses Include:

Obsessive Compulsive Disorder

Anxiety Disorder

Major Depression

Schizophrenia

Language Note: You may also hear the term "Behavioral Health." Behavioral Health is an umbrella term used to discuss both mental health and substance use disorders.

HCBS Services by Provider Type

The CSSP program combines services under the CES Waiver, existing services under the 1915(i) (OBHAs), and new services added to 1915(c) and (i).

CES Waiver

- Adaptive Equipment
- Community Transition Services
- Consultation
- Environmental Modifications
- Respite
- Specialized Medical Supplies
- Supplemental Support
- Supported Employment
- Supportive Living

CSSP

BASE

- Adaptive Equipment
- Adult Life Skills Development
- Community Transition Services
- Consultation
- Environmental Modifications
- Pharmacological Counseling by RN
- Respite
- Specialized Medical Supplies
- Supplemental Support
- Supported Employment
- Supportive Employment
- Supportive Living
- Supportive Housing
- Supportive Life Skills Development
- Therapeutic Host Home

INTENSIVE

- Aftercare Recovery Support (Substance Abuse)
- Behavioral Assistance
- Child and Youth Support Services
- Crisis Stabilization Intervention
- Peer Support
- Professional Counseling Services

ENHANCED

- Adult Rehabilitation Day Treatment
- Complex Care Homes
- Partial Hospitalization
- Residential Community Reintegration
- Therapeutic Communities

1915(i) BH

- Adult Life Skills Development
- Adult Rehabilitation Day
- Behavioral Assistance
- Child and Youth Support Services
- Crisis Stabilization Intervention
- Partial Hospitalization
- Peer Support
- Pharmacological Counseling by RN
- Residential Community Reintegration
- Supportive Employment
- Supportive Housing
- Supportive Life Skills Development
- Therapeutic Communities

^{*}Acute Crisis Units are an BHA only certified service.

Community Support System Provider Certification Levels

CSSP Provider levels are certified to provide different services.

Base PT 96/04

Adaptive Equipment

Adult Life Skills Development
Community Transition Services
Consultation
Environmental Modifications
Pharmacological Counseling by RN
Respite
Specialized Medical Supplies
Supplemental Support
Supported/ Supportive Employment
Supportive Living
Supportive Housing
Supportive Life Skills Development
Therapeutic Host Home

Intensive PT 96/CI

Behavioral Assistance
Child and Youth Support Services
Crisis Stabilization Intervention
Family Support Partners
Peer Support
Professional Counseling Services

Enhanced PT 96/C9

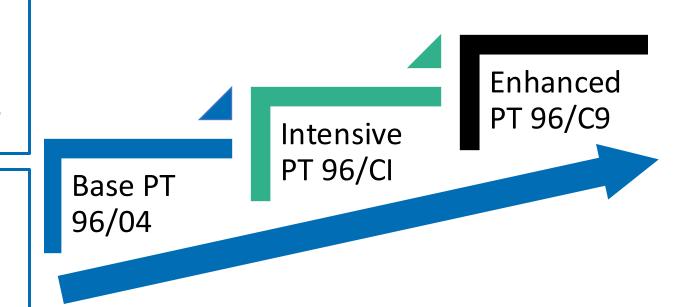
Adult Rehabilitation Day Treatment
Partial Hospitalization
Residential Community Reintegration
Therapeutic Communities

Only Enhanced locations listed above are subject to the physical plant requirements found in Section 502 and 503 of the certification manual.

Community Support System Provider Certification Levels

Community Support System Providers are certified at three increasing levels of service complexity: 1) Base, 2) Intensive, and 3) Enhanced.

- Certification levels build upon the previous level:
 - An **Intensive** certified CSSP must meet the requirements for both the **Base** and **Intensive** certifications.
 - An Enhanced certified CSSP must meet the requirements for the Base, Intensive, and Enhanced certifications.
- Certified services build upon the previous level's services:
 - An **Intensive** certified CSSP is eligible to provide services listed under both the **Base** and **Intensive** certifications.
 - An Enhanced certified CSSP is eligible to provide services listed under the Base, Intensive, and Enhanced certifications.



Community Support System Provider Overview

- A Community Support System Provider (CSSP) is a type of provider eligible for Arkansas Medicaid participation. CSSPs are certified to provide home and community-based services for Medicaid clients with behavioral health **and/or** intellectual and developmental disability (IDD) service needs.
- CSSPs are a **provider type** certified to provide both IDD and BH HCBS services. CSSP is **not** a type of service in and of itself.
- CSSPs are certified at three increasing levels of service complexity: **Base**, **Intensive**, and **Enhanced**. The HCBS services CSSPs are certified to provide are different under each level.
- Services under the CSSP program can be found in the <u>Home and Community-Based Services for Clients with Intellectual Disabilities and Behavioral Health Needs Manual</u>. Counseling services can be found in the Counseling and Crisis Services Manual.