

# **Show Up for Success**

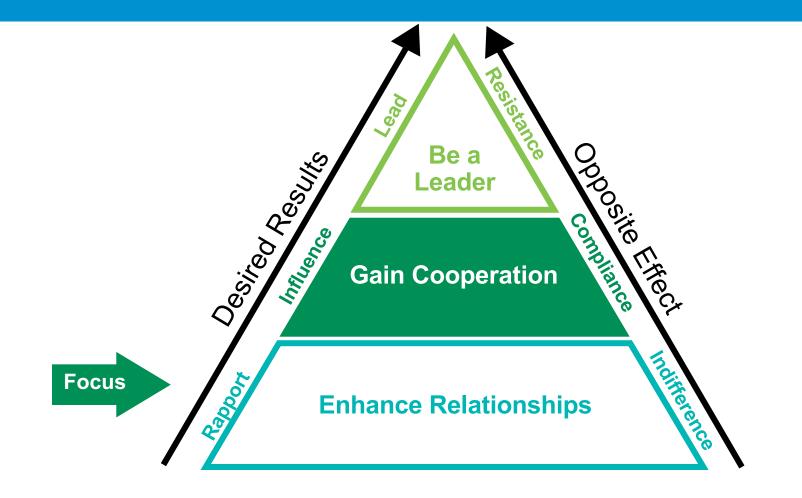




"Action seems to follow feeling, but really action and feeling go together; and by regulating the action, which is under the more direct control of the will, we can indirectly regulate the feeling, which is not."

- William James

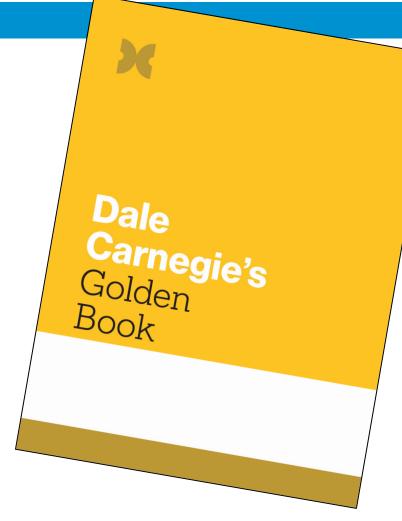
### **Enhance Relationships**



## **Human Relations Principles**

#### **Become a Friendlier Person**

- 1. Don't criticise, condemn or complain.
- 2. Give honest, sincere appreciation.
- 3. Arouse in the other person an eager want.
- 4. Become genuinely interested in other people.
- 5. Smile.
- 6. Remember that a person's name is to that person the sweetest and most important sound in any language.
- 7. Be a good listener. Encourage others to talk about themselves.
- 8. Talk in terms of the other person's interests.
- 9. Make the other person feel important and do it sincerely.





# How will I show up?





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